



Checklist 14: Developing a Success-Oriented Mindset

Project Name: _____

Date: _____

Yes No

It is very important to develop a success-oriented mindset if you wish to achieve your goals and aims. We all want success, and so we must do the right things for it. This checklist will help you on your journey to building one:

What's First

- | | | | |
|---|--|--------------------------|--------------------------|
| 1 | | <input type="checkbox"/> | <input type="checkbox"/> |
| | Start by putting yourself in new situations that are challenging. | | |
| 2 | | <input type="checkbox"/> | <input type="checkbox"/> |
| | Gain confidence by dealing with challenges head-on. | | |
| 3 | | <input type="checkbox"/> | <input type="checkbox"/> |
| | Stop assuming the outcomes of different situations before facing each and every one of them. | | |
| 4 | | <input type="checkbox"/> | <input type="checkbox"/> |
| | Create a list of challenging tasks that can foster your growth. | | |
| 5 | | <input type="checkbox"/> | <input type="checkbox"/> |
| | Choose such challenges that interest you and can have you focused along the way. | | |
| 6 | | <input type="checkbox"/> | <input type="checkbox"/> |
| | Find a mentor for yourself and be open to it. | | |

Notes

Checklist 14: Developing a Success-Oriented Mindset

- | | | | |
|----|--|--------------------------|--------------------------|
| | | <input type="checkbox"/> | <input type="checkbox"/> |
| 7 | | | |
| | Choose Mobile App. Ask your senior professionals to help you out with the things you need guidance with. | <input type="checkbox"/> | <input type="checkbox"/> |
| 8 | | | |
| | Try thinking about failure as a great opportunity to learn. | <input type="checkbox"/> | <input type="checkbox"/> |
| 9 | | | |
| | Reframe failure in such a way that you feel comfortable in taking risks. | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 | | | |
| | Understand that failure is not the end; it is just an opportunity life threw at you. | <input type="checkbox"/> | <input type="checkbox"/> |
| | What's Second | | |
| 1 | | | |
| | Keep a folder of your proudest moments with you. | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 | | | |
| | These can serve as a reminder of your worth when you're feeling low. | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 | | | |
| | Find inspiration in these moments and encourage yourself to move ahead. | <input type="checkbox"/> | <input type="checkbox"/> |

Notes

Checklist 14: Developing a Success-Oriented Mindset

- 4
Surround yourself with a good and creative environment.
- 5
Find yourself the time to disconnect and detach from stressors.
- 6
Give yourself a break, travel around and relax.
- 7
Create a simple morning routine for yourself that can give you energy and boost for the entire day ahead.
- 8
Set small yet time-bound goals that are achievable.
- 9
Trust yourself and have faith in your instincts.
- 10
Make decisions with your gut and stay firm on them.

Notes